CARD SORT ACTIVITY

HEALTHY RELATIONSHIPS

ABUSIVE RELATIONSHIPS



DEPENDS





Making fun of everything you say	Looking through your phone to see who you have been texting
Paying you compliments	Putting you down, especially in front of your friends
Choosing the clothes you wear	Forcing you to do sexual things you don't want to do
Buying you a present after an argument	Telling you that he/she couldn't live without you

Examples of Healthy and Abusive Behaviours

,	,
Being able to talk about your feelings openly and honestly	Happily spending time without each other
Both deciding how you spend your time together	When you argue, you often get hit, slapped and punched
Making you feel guilty when you won't do what he/she wants	Stealing/taking money off you
Phoning and texting you all the time	Turning up to surprise you

Ignoring you when he/she is out with his/her friends	Telling you 'I love you'
Being scared of saying the wrong thing when you are together	Shouting and swearing at you and calling you names
Telling you that you look nice	Saying things to you on purpose to upset you
Being in a mood when you decide to have an occasional night out with friends	Getting angry with you when he/she has been drinking

Having pet names for each other	Respecting each other's opinions
Treating each other equally	Checking up on you when you have said that you are going somewhere
Expecting you to pay for everything	Trusting each other